



Welcome to the Realisation Festival *29th June - 2nd July* *St Giles House, Dorset*

The Festival is a non-profit gathering for the mind and spirit, featuring stimulating talks and embodied workshops in the comfort and beauty of St Giles House.

It is a chance to link the "I", "we" and "wider world" through critical dialogue and soulful exploration.

You'll hear incredible speakers, take part in stimulating conversations, enjoy delicious food and live music. Workshops will encourage you to think, feel and explore what change looks like, and reimagine what we are capable of.

The gathering is for anyone who wants to engage with transformative and innovative ideas about the world and society, and who long for an opportunity to share their experiences, thoughts, experiments and practices.

Realisation arose from an alliance between Perspectiva, a charity that works on the relationship between systems, souls and society in theory and practice, and the twelfth Earl of Shaftesbury and associates, who wish for St Giles House, with its rich history of philosophy and social reform, to be of generative public value today.

The festival organisers would like to thank The Shin Long Life Foundation for their direct support for the festival and The Fetzer Institute, The JJ Family Trust and The John Templeton Foundation for their support for Perspectiva which made its contribution to the festival possible.

realisationfestival.com
stgileshouse.com
systems-souls-society.com

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S T • G I L E S

The Realisation Festival

Programme 2023

Unlearning & Reimagining: Difference

“Without contraries is no progression.”

William Blake

Thursday

A Souful Welcome

3—5pm

Arrival at St Giles House. Time to get to know the space and settle in.

6pm

Gather in the Library, in the main house. Welcome from Nick Ashley-Cooper. Our hosts Pippa Evans and Jonathan Rowson invite us to find our bearings, meet each other and say hello to our small groups.

7:30pm

Dinner

8:30pm

Music, improvisation and song with The Realisation Trio - Pippa Evans, Christopher Ash and Sue Harrison. They will be asking us what we are arriving at Realisation with and transforming it into improvised, musical vignettes. A truly spontaneous beginning to the weekend that has to be seen to be believed.

Friday

Poles Apart

7—8am	Early morning activities – yoga with Rowan Cobelli, running, wild swimming in the stream
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7:30—8:30am	Breakfast
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9—10:30am Library	Differences, Divisions, Diversity: Panel with Indra Adnan, Satish Kumar and Linda Woodhead, chaired by Mark Vernon
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Our speakers talk about the current landscape of polarisation and, with their distinctive perspectives, ask us to start thinking differently about difference. Drawing from life experience, historical insights and cultural analysis, they will open up themes for the weekend and ground them, personally and politically. difference.

10:30 —11am	Break
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11am	Small groups: what were you most moved or provoked by? Breaking into our smaller groups to discuss what's been heard with the task of forming a shared question/comment to bring back to the whole group.
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12pm	Whole group: Hearing back about the discussions in the small groups with further thoughts from the panel.
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1-2pm	Lunch (buffet-style, food served 1-1.30pm)
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2pm	Workshops (choose one)
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Holding improvised space. Susan Harrison will take us through the basics of improvisation as an ensemble. How do we simultaneously work together and bring our individual offerings? Using movement and physicality, we will play with the fundamental idea of 'Yes And' whilst considering what it is to be both in agreement and at odds with each other. (90 mins, maximum 20 people)

Live recording of The Sacred Podcast. The Sacred is a podcast about our deepest values, the stories that shape us and how we can build empathy and understanding between people who are very different. In this live recording, host Elizabeth Oldfield, talks with peace-pilgrim, life-long activist and former monk, Satish Kumar. (90 mins)

2pm

Journeys in time. In this workshop on time and how the experience of it is changing, Perspectiva associate director of practice and Zen Monk, Ivo Mensch, takes us on a tour through our experiences of time and why we need to care for temporal diversity. A marriage of theory and practices of inquiry. This workshop complements Saturday's workshop on free time, though both also run independently. (90 mins, maximum 30 people)

Nature's principles of harmony and learning to live differently. This workshop with Richard Dunne will explore nature's universal principles of harmony and why they are so important in helping us live differently and more sustainably, into the future. The workshop will include a practical element with a chance to try out some sacred geometry. (90 mins, maximum 30 people)

Artificial Intelligence: the threat and subtle opportunity. Mark Vernon explores how the spread of AI poses risks for society, though is also a moment to rediscover the potency of different types of human intelligence and not just project a shadow onto the AI-other. We will use the poems and imagery of William Blake in particular to ask about a freer tomorrow. (90 mins)

4pm

Tea

5pm

The metaphysics of difference: a deep dive with Iain McGilchrist

How might a half truth be more valuable than one deemed complete? Why is attention and perspective fundamental to our participation in life? What are the limits of the impulse to include and tolerate? Is there a worldview fit for contemporary challenges? Iain McGilchrist offers his distinctively thrilling take on the social, psychological and spiritual aspects of difference.

6:30pm

Meet by the bar
Opportunity to continue conversations.

7:30pm

Dinner

8:30—9:30pm

A life of differences

Nick Ashley-Cooper chats with Indra Adnan about the history of St Giles House, his vision for its future, and how taking up custodianship of the place led to dramatically unexpected departures. What has he learnt about facing personal change and social differences? How can his story help us with the adjustments we all face? (60 mins)

Also from 8.30pm

Talk by the firepit, watch the stars...

Saturday

Heaven is Other People

7—8am	Early morning activities – yoga with Rowan Cobelli, running, wild swimming in the stream
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7:30—8:30am	Breakfast
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9—10:30am	In the library Beyond projection, engaging insights: Panel with Tomiwa Owolade, Kübra Gümüşay and Tom Shakespeare, chaired by Mark Vernon Lessons can be learnt from experiences of difference. They may even spark fresh perspectives and innovation. But there is risk. What errors do contemporary philosophies, politics and even the languages we speak draw us into, perhaps unawares? If limitations and vulnerability can be our friends, are we ready to embrace them? Our speakers will help us re-envision the themes and aspirations that are emerging.
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10:30 —11am	Break
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11am	Small groups: what were you most moved or provoked by? Breaking into our smaller groups to discuss what's been heard with the task of forming a shared question/comment to bring back to the whole group.
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12pm	Whole group Hearing back about the discussions in the small groups with further thoughts from the panel.
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1-2pm	Lunch (buffet-style, food served 1-1.30pm)
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2pm	Workshops (choose one) Clashing chords. Christopher Ash will lead this exploration of the voice and song, playing with harmony, dissonance and holding notes that don't seem to fit, culminating in the co-creation of a song drawing on the themes of the festival. All voices, whatever shape or size, welcome. (120 mins, maximum 20 people) How to be a maverick. Ed Haddon, the founder of Haddon Coaching, will explore ways of discovering a different voice, one that is adaptable and courageous, positive and distinctive. This inner guide can help unfold what's uniquely yours and, therefore, be personally satisfying and of wider benefit to society, too. (90 mins, maximum 40 people)
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2pm

Antidebate. As we nestle in elegant surroundings and the beauty of nature, do we imagine we are all in agreement? What are the undercurrents of difference that might not surface here, but would cause conflict and confusion in the 'real world'? The Antidebate, developed by Perspectiva, reveals our diversity while bringing multiple perspectives into new relationships. With Indra Adnan and Michael Bready. (120 mins, maximum 40 people)

What do we know about free time? Dominique Savitri Bonarjee invites you to experience the materiality of time inside the body as we experience it at an imaginal and sensory level of perception. A participative inquiry using fluidity and movement, drawn from Dominique's dance and art practice. (90 mins)

Ripples. This mindfulness-based workshop with Grace McIntyre, will use writing and art to create a collective story with postcards. Welcoming playfulness and the unknown, it is designed to help individuals process their experiences of challenge and connection from the weekend by supporting their meaning-making. (90 mins, maximum 20 people)

4pm

Tea

5pm

The arts of difference: Rory Stewart on politics in a time of strife

The diplomat, writer, walker, academic and MP, now star of The Rest is Politics podcast, will join us remotely, in conversation with Jonathan Rowson. What kinds of formative influences shaped this different kind of political figure? What are the intellectual, cultural and spiritual virtues needed to disagree agreeably? Are today's public institutions worthy of the challenges of our age? If not, what follows? Including a time for Q&A.

7:30pm

Dinner

9pm

I'm With The Band

A very serious folk band improvise very serious songs about very serious things. Please bring your very serious ideas.

Dance Party

For one night only, EDM adept, DJ Nick AC, returns to deliver musical trips and journeys in the St Giles House basement nightclub. Till midnight.

Sunday

The Importance of an Ending

7.30—8.30am	Early morning activities – yoga with Rowan Cobelli, running, wild swimming in the stream
7.30—9am	Breakfast
10am	Final meeting in small groups How have we found the weekend? What might we take forward? Starting the day with your small groups for final reflections.
11am	Tales of the unexpected Gathering to share our surprises and be surprised
12pm	Tea and quest
12.30pm	Farewells Departing ritual around the statue of Anteros
1pm	Optional lunch
2.30pm	Bus departs for station

Terms of engagement

1. Speak to fellow realisers. No phones in St Giles House.
2. Speak wholeheartedly. Different takes are valuable.
3. Invite what you don't know. Challenge yourself.
4. Consider the soulful side. Engage with social questions.
5. Agree expecting more. Disagree with kindness and curiosity.

Map —TBS

Speakers, Musicians & Team

Indra Adnan

Indra is Founder and Co-initiator of The Alternative UK, a socio-political platform serving systemic transformation. A UK publishes a Daily Alternative news blog, develops cosmological agency networks (CANs) and connects planetary regeneration projects. Indra is concurrently a socio-psychotherapist, writer and consultant on soft power. Clients have included the Danish and Brazilian governments, World Economic Forum and NATO. Her book *The Politics of Waking Up: Power and Possibility in the Fractal Age* was a Times Literary Supplement Book of the Year in 2021.

Chris Ash

Chris is a composer, workshop leader, musical director, sound designer, and multi-instrumentalist. A founding member of Showstopper! and An Improbable Musical, he is sometimes found teaching Musical Theatre Writing at Goldsmiths or Royal Central School of Speech & Drama, or coaching Musical Theatre Improvisation at the Royal Academy of Music. As a composer, Chris created "Wasted" with Carl Miller; a "Live Rockumentary" about the Brontë siblings. Collaborating with digital media company Megaverse, Chris has created music & sound for Virtual Reality, and smartphone gameplay.

Nick Ashley-Cooper

Nick graduated from the London Business School with a Masters in Business Administration in 2008. After an early career as a DJ and music promoter in New York City, he returned to the UK in 2005 and has since overseen the restoration of his family home, St Giles House. The project has won several national awards, including the 2015 Royal Institute of Chartered Surveyors (RICS) Award for Building Conservation and the Historic England Angel Award, Best Rescue of a Historic Building or Site. The work has been documented in a book entitled, 'The Rebirth of an English Country House', which he co-wrote with Tim Knox, the current Director of the Royal Collection. He is the first Shaftesbury for 50 years to live in St Giles House, alongside his wife Dinah and their three children.

Dominique Savitri Bonarjee

Dominique is an artist, a dancer, and a lifelong seeker. She is an avid (somewhat unstoppable) maker working unrestrictedly across moving image, sound, performance, textiles, bio-art, handcrafted electronics, etc. Her doctoral art project at Goldsmiths University, entitled 'Space of the Nameless', advocates for epistemologies of the unknown as a way to recalibrate (human) knowledge's bloated orbit. Discovering ways to wade into the unknown is the focus of her embodied research methodology which includes wobbling, collapsing, and liquefying. She teaches dance as a form of neti-neti/self-inquiry practice. She shows work internationally in galleries, performance spaces, biennales, fields, beaches, pavements, and is resident artist at The Study Society for Nonduality.

Rowan Cobelli

Rowan has been a full-time student and trainer of Yoga for 22 years, and offers an integrated approach to inner resolution, true rest and the art of being who you are. He will be offering early morning yoga sessions orientating around integration, using simple, slow and restorative movements to create an environment to find space inside. Space helps us to 'feel', acknowledge what is moving in the body and to become more conscious of the dense and subtle processes running. Space and an approach of 'non-grasping' along with an exploration of identity can create both the experience of rest along with a profound opportunity to recognise yourself beyond the form of things.

Richard Dunne

Richard is Founder and Director of The Harmony Project, an education charity working with schools and educators in the UK and around the world to help them develop a new way of learning inspired by Nature's principles of Harmony, principles that teach us a way of life that is sustainable and well. The work of Harmony has been inspired by His Majesty King Charles III and his book 'Harmony, a new way of looking at our world'.

Pippa Evans

Pippa is an award winning improviser, musical comedian and author of *Improv Your Life: An Improviser's Guide To Embracing Whatever Life Throws At You*. In 2013 she and Sanderson Jones started Sunday Assembly, the church for people who don't believe in God which became a global phenomenon. Though no longer involved in the Sunday Assembly project, Pippa finds herself drawn to the Venn Diagram of secular spirituality, improvisation and humour. How can we be fully ourselves in relation to others? Can we do serious work without taking ourselves too seriously?

Speakers, Musicians & Team

Kübra Gümüşay

Kübra is an award-winning writer from Germany. In her best-selling book *Sprache und Sein* (Speaking and Being) she examines how language dictates politics and shapes the way we think. She is the founder of several award winning campaigns and associations – e.g. the campaign #SchauHin against racism, the feminist alliance #ausnahmslos for which she was awarded the Clara Zetkin Prize for Women, and the campaign 'Organized Love'. Her current research focuses on just futures, real utopias and the politics of imagination.

Ed Haddon

Ed is a coach who specialises in working with entrepreneurs and those looking for a more autonomous meaningful life. He works with purpose led leaders to develop their own models of success in business and life. He is particularly interested in redirecting focus from shareholders to a broader set of beneficiaries. He uses coaching to generate honest conversations and change, working at the intersection of psychology and business. He is the author of *The Modern Maverick*, which helps readers unlock their potential for the benefit of all those around them and society as a whole.

Susan Harrison

Susan is a member of *Showstopper! The Improvised Musical*. She has also improvised with *Mischief Movie Night*, *Austentatious* and her own company *These Folk*. She teaches improvisation for *Hoopla & The Bridge* and is passionate about creating a playful & supportive environment. As an actress she's worked with numerous companies including; CBBC, The National Theatre & Radio 4.

Satish Kumar

Peace-pilgrim, life-long activist, and former monk, Satish Kumar has been inspiring global change for over 50 years. He undertook a pilgrimage for peace, walking for two years without money from India to America for the cause of nuclear disarmament. Now in his 80s, Satish has devoted his life to campaigning for ecological regeneration and social justice. He is a world-renown author and international speaker, founder of *The Resurgence Trust* and Editor Emeritus of *Resurgence & Ecologist* – a change-making magazine he edited for over 40 years.

Grace McIntyre

Grace is an artist with a multidimensional mindset, bringing her lived experience and professional expertise to build workshops and interventions for the individual and group. Informed by the experiential process of connection, she creates conditions for challenge, honesty and exploration into the mind and body through the mediums of play, movement, art making and dialogue. She is a Integrative Art Psychotherapist, Coach, Mediator and Group Facilitator. Grace has a particular interest in systemic constellations, patterns, the subconscious, imaginal worlds of the psyche and the world as a place of infinite possibility.

Iain McGilchrist

Iain is a psychiatrist, neuroscience researcher, philosopher and literary scholar. He is a Quondam Fellow of All Souls College, Oxford, an Associate Fellow of Green Templeton College, Oxford, a Fellow of the Royal College of Psychiatrists, and former Consultant Psychiatrist and Clinical Director at the Bethlem Royal & Maudsley Hospital, London. He has published original articles and research papers in a wide range of publications on topics in literature, philosophy, medicine and psychiatry. He is the author of a number of books, but is best-known for *The Master and his Emissary: The Divided Brain and the Making of the Western World* (Yale 2009). In November 2021 his two-volume work *The Matter with Things: Our Brains, Our Delusions and the Unmaking of the World* was published by Perspectiva Press.

Ivo Mensch

Ivo is developing the Praxis strand of Perspectiva. He designs practices and courses as a means to skilfully navigate larger arcs of cultural transition, shifts in consciousness and whatever the meta-crisis throws at us. He researches and writes on Time (Temporics), the Imagination and Logos as fundamental realms of change. Ivo is an ordained monk in the Zen Buddhist lineage, and practices for over a decade in the wisdom school of the Diamond Approach. Besides working for Perspectiva, Ivo supports individuals in their unfolding and realisation as a coach. He is a published author and has written on the inner, developmental sides of entrepreneurship.

Speakers, Musicians & Team

Elizabeth Oldfield

Elizabeth is an experienced leader, speaker, writer and podcast host with a passion for intelligent public engagement on issues of faith, identity, and healing our common life. She appears regularly across a variety of the media and also hosts the podcast, *The Sacred*. For ten years she was Director of Theos, the UK's leading religion and society think tank. She spent the first part of her career working at the BBC in television and radio, contributing to programmes including *Beyond Belief* and the *Moral Maze*, as well as Radio 3 and 4 documentaries. She is motivated by the dearth of real wisdom in public life, by a desire to increase empathy across our deep differences and the way spirituality can help individuals and societies flourish.

Tomiwa Owolade

Tomiwa is a writer and critic. He writes about literature, politics, sport and identity for *The Times*, *the Spectator*, *the Evening Standard*, *Literary Review*, and *UnHerd*. He has also appeared on BBC Radio 4 discussing some of the ideas in this book. He won top prize at the RSL Giles St Aubyn Awards 2021. *This is Not America* is his first book.

Sarah Quincey

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Jonathan Rowson

Jonathan is a writer, philosopher and chess Grandmaster who was British Chess Champion from 2004-2006. HE holds degrees from Oxford, Bristol, and Harvard universities, was former director of the Social Brain Center at the RSA and an Open Society Fellow. He is co-founder and director of *Perspectiva*, a research institute that examines the relationship between complex global challenges and the inner lives of human beings. His latest book is *The Moves that Matter – A Chess Grandmaster on the Game of Life*.

Tom Shakespeare

Tom is a writer and broadcaster (regularly on BBC Radio 4, BBC Radio 3), employed at London School of Hygiene and Tropical Medicine (LSHTM). Best known for disability research in UK and global south, and also for bioethics (former member of Nuffield Council on Bioethics) and for disability arts (former member of Arts Council England). 2020 Quaker Swarthmore Lecturer ("Openings to the Infinite Ocean: a friendly offering of hope").

Rory Stewart

ory has been an academic, writer, adventurer, politician and diplomat. After a brief time in the Army and the diplomatic service, he walked 6000 miles on a 21 month trek across Asia, was the acting governor of a province in Iraq, established an NGO in Afghanistan and was appointed a Professor at Harvard, and wrote a number of books before entering Parliament. He served as a minister in a number of departments and was a cabinet minister before his bid to be Prime-Minister. He is now President of the non-profit GiveDirectly.

Mark Vernon

Mark is a writer and psychotherapist. He contributes to and presents programmes on the radio, as well as writing for the national and religious press, and online publications. He also podcasts, in particular The Sheldrake-Vernon Dialogues with Rupert Sheldrake, gives talks and leads workshops. He has a PhD in ancient Greek philosophy, and other degrees in physics and in theology, having studied at Durham, Oxford and Warwick universities. He is the author of several books, including his latest, Dante's Divine Comedy: A Guide for the Spiritual Journey. He used to be an Anglican priest and lives in London, UK.

Linda Woodhead

Linda is F.D. Maurice Chair in Moral and Social Theology and Head of the Department of Theology and Religious Studies at King's College London. She researches religion, spirituality, and values in post-Christian societies. Her most recent books are That Was the Church That Was: How the Church of England Lost the English People (with Andrew Brown, 2016), Gen Z, Explained (with Katz, Ogilvie, Shaw 2021) and Unknowing God: Towards a Post-Abusive Theology (with Peter Harvey, 2022). She is currently researching the way that 'values' have become a new religion.

Participants

*We are delighted to welcome all of you to the
Realisation Festival 2022*

Andrew Alexander
Sophie Alexander
Rina Atienza
Simon Banks
Jane Bartlett
David Begg
Darren Bender
Christin Bettinghaus
Leigh Biddlecome
Zoe Blackler
Jessica Böhme
Dominique Savitri
Bonarjee
Laura Boyle
Michael Bready
Stephen Brett
Jamie Bristow
Becky Burchell
Victoria Cao
Vanessa Chamberlin
Georgia Coleridge

Anwyl Cooper-Willis
Darius Cuplinskas
Stefan John de Pous
Clive Evans
Patricia Mary Evans
Rosie Evans
Camilla Fayed
Jake Featherstone
Nicola Fothergill
Rob Gray
Matthew Greenwood
Duncan Harvey
Lynn Imperatore
Pat Kane
Ganna Kovalevska
Jennifer Lack
Liliya Luts
Sophie Maclaren
Sarah Marten
Grace McIntyre
Ewan McKenzie

Jennifer Morisetti
Danny Mulhern
Edward Olver
Ruth Ormston
Ben Ousey
Mark Ovland
Joel Plaskett
Kylan Preator
Hilly Raphael
Riina Raudne
Pauline Rudd
Freddie Sayers
Phil Shankland
Milly Shotter
John Watters
Fraser Watts
Joanna Weinberg
Loren Wolfe
Ben Wylie

Why the Realisation Festival?

People come to the Realisation Festival for a wide range of reasons, from all walks of life, but they often have things in common that are not obvious at first blush, and may be hard to articulate.

My deepest fascination lies with the process of becoming ourselves. I am interested in the possibilities that open up through vulnerability and connection, with ourselves, others and the non-human world. Whilst on my own journey of awakening to the challenges of our global civilisation and to my own agency, I am currently trying to find ways to creatively and authentically respond, and contribute to what is already emerging.

I'm an American whose heart has been in Europe for many years, currently at home in Italy. I write, translate, and facilitate across languages & cultures. You might like to sing or dance or act out a play to describe what happened to you at school today; my job is to help your parents and playmates understand and connect to what you are bringing into the world. Someday I might become your dramaturg, or help you apply for residencies and grants — but for now I encourage pure play.

A detectorist of consciousness for my latest book 'Mistaken Identity - why you are not who you think you are'.

I love the idea of unlearning. I use play to help teams in organisations work better together as I'm a big believer in tapping into our innate, childlike knowing as a way of creating a better world.

I spend a lot of time losing myself in thought, which is helped along by working in our allotment and by knitting all sorts of garments for my family (I get excited about things growing). I am a priest who is no longer attached to a church; nevertheless I have an ongoing conversation with God who, to me, is the fundamental generosity that underpins the universe. And I write: theology (published) and novels and short stories (unpublished as yet). Flâneuse, writer, experience researcher.

I'm a poet, scriptwriter, and looking to move into cinematic art soon. I'm coming to the end of my Philosophy undergraduate degree. I think of myself as an artist that crafts together a bridge into the imagination and body, as a creative coach.

(I am out of the country with poor/no wifi; I will get back to you in this.) I get back to you on this.)

I enjoy making things, singing, & having adventures - alone & with others. I work as an arts psychotherapist with lots of different adults who may be feeling sad or stuck or lost. Together we try to make sense of why that may be by getting curious & tapping into our senses, our creativity, our histories, our dreams & our own and others' stories about who we are & what we're doing here until... gradually... things don't seem quite so scary anymore & we begin to feel alive & hopeful again.

I teach adults about religion around the world

I am on a journey of ever-deepening connection with nature. It begins with knowing my own true nature, and my relationship with outer nature. I believe in creating a radically brighter future where all life thrives. I use art, movement, meditation, and the breath to bring people into right relationship with themselves and the natural world. I'm all about unleashing the unseen potential in everyone and everything.

I am doing a PhD on Dante, exploring the Commedia from a theological and psychological perspective. I'm interested in learning more about spirituality in action in the world

I am an entrepreneurial ecosystem builder and community catalyst. Basically, I identify and connect dots supporting makers, doers, dreamers and builders. My work is centered on collaboration, equity and community culture and I am a lover of people, words and ideas.

I teach social-emotional learning at Yale.

I'm an Earth Protector, a Mother, a Nature Lover, an Organiser, a Storyteller, an Unschooler and a Rebel.

I never imagined that play could be someone's profession, but it seems I'm lucky enough to be in that position now. I also get to encourage others to play, to fail, to experiment, to do something 'wrong' or silly. The 'Radical Creativity' project at Aalto University aims to do all of this. (Adult stuff: Over the years, I've had both great and hard times as a strategist, concept designer, and startup founder/CEO, and I think that all of this have formed me to be a better player).

To unlearn, reflect, and relearn!

I am a curious, appreciative visitor to this beautiful planet for an unspecified time. I value people, nature and am keen to grow through my interactions with both as well as to make a positive difference in the world.

I live in London and I love rivers. My work at home is to bring nature and people together, working with rivers and the open spaces around them.

I am an Anglican priest, working primarily with journalists and those in the media world (of all faiths and none). I also write things and teach.

Learn and connect.

Making onion soup with soil, love and care! I'm slowly discovering that imagination, metaphor and attention can liberate our collective potential for the best way forward.

I have lived a long and varied life but these days I spend most of my time trying to appreciate the mystery of the world around me. I do this by being in nature, making music, cooking, improvising, thinking, reading, writing and having deep and intimate conversations. As I approach old age I find myself rediscovering the importance of having friends I can play with.

I am a teacher, explorer and nature-lover on a mission to co-create 'the more beautiful world our hearts know is possible'. I work with schools to help develop healthy relationships by encouraging the practices of self-care, people-care and earth-care.

I synthesise information using my different fields of professional and personal experiences, so I can figure out the best most impactful way I can contribute to a healthier planet and society. I used to be a trader in the bank, currently trading for myself. Founder of an NGO forgottenanimals.org. I try to pursue truth and impact in all I want to tackle, sifting through multiple layers of bullshit. My interests are animal welfare, pollution issues, metamodernism, truth realisation

I don't separate my play and work. I focus on finding people and projects that I love and excite me.

Working in Regenerative Housing - I help find creative solutions to help people find a safe, secure and sustainable home. Constant Curiosity Follower. Deep Thinker. Nature Lover. Adventure Seeker. Believer in doing what lights you up.

I used to be a scientist, investigating how it is that the brain enables us to see shapes and colours in the world around us. I moved into philosophy, in order to explore the

important questions: knowledge, reality and how worldviews get formed. I'm now in the philosophy department at Edinburgh University. My book 'Outside Color' explores links between science and philosophy of colour vision. 'The Brain Abstracted', out next year, is on the limits of what neuroscience can explain about the mind.

I am a curious seeker of wisdom and connection.

I read a lot. I am old, but not wise. I remain curious, in both senses of the word. I am gladdened by small acts of kindness, saddened by their sparsity. Lucky enough to be retired.

I am an artist and a seeker. I work with dance, installation, film and sound. My work centres the body as material and is inspired by Vedic, Sufi and Daoist wisdom traditions.

I take play seriously. I run a creative clubhouse in Berlin. I make unfinished books that invite grown-ups and kids to write together. A life collective, with Bloom.

I am interested in relationships between people. I do research with disabled people in Britain and Africa. I also talk to many audience, including BBC Radio, about all sorts of things. In my spare time, I try to write funny novels.

I'm curious about the ways people, in different times and places, have been dreaming and creating together, building nests for their children, gathering food, burning fires and moving stuff around. I want to do all of that in beautiful ways that make us want to dance and play. And one day, I hope to sit with my great-granddaughter on my lap in the shade of an ash. Once again, I'll tell her stories of people who joyfully took part in the sorrows of a world that to her feels strange and far away.

I am working on creating films that are philosophically meaningful, narratively intriguing, emotionally nourishing and cognitively useful. To do this, I take inspiration from cognitive science, history of art, spirituality and mythical tradition.

I am a fellow traveler, artist, student, I love music & the mystical dimensions of what happens when people, sound, art and Higher ideas come together.

I am a woman who lives in London but likes visiting my friends in Glasgow and my family in Kent where I like to see the sea. I spend most of my working life on stage or on a train to get to a stage or in a rehearsal room teaching people how to be on stage. Sometimes I create characters and worlds on the spot with other people, and sometimes I write things down.

I write, sing & record songs.

Self-appointed Community Chaplain

Being and becoming - Everything Everywhere All at Once.

I am an enthusiast in a constant state of transition, unable to reduce myself to a fixed identity! I have a background in anthropology and film-making and am currently involved in various research and creative projects, including as part of Perspectiva's Future Present Collective. My current interests are in loss, environmental dislocation, and multi-sensory enlivening.

I have been a teacher since 1975. For most of that time I have taught children aged from 7 to 19 at informal/progressive/alternative schools. I am currently producing pieces of writing for an online conversation on Learning, Knowing, Educating.

Artist, smallholder, wife and adoptive as well as birth parent, with an interest in vernacular building.

I am doctor living on a farm in Wales and I try to help people experiencing mental illness through growing and making beautiful things from nature.

I'm a dad, husband, aspiring surfer, frequent tree-hugger, would-be yogi and frustrated musician. I research, teach and write about water – in particular how it moves underground to connect Earth's climate, life, and culture. I value curiosity, depth and connection. I'm fascinated by the origin and evolution of life and consciousness.

I am based at Oxford University and work on human flourishing - how individuals and groups live their best lives in their unique context. I have been teaching meditation and compassion for 20+ years and lead retreats. As a facilitator and coach, I work with current and future leaders in business and politics on mindful and compassionate leadership, and transforming workplace wellbeing.

My role in the world is talking with people about whether the ideas we have been taught (in school, in our jobs) are actually working for us, or for the planet. In particular, my day job focuses on how what we were taught about money is not working and how we can demonstrate different ways are possible. Ways which are better for all people, and the planet.















































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